



Together, WE Heal

SPOHNC is dedicated to raising awareness and meeting the needs of oral and head and neck cancer patients through its resources and publications.

CONTACT US AT
1-800-377-0928
www.spohnc.org



SPOHNC'S RESOURCES



COOKBOOKS
Your Guide to Nourishing
Health and Overcoming
Eating Challenges

Save 40% if you purchase Volume 1
and Volume 2 for \$25.00

**WE HAVE WALKED IN
YOUR SHOES**
A Guide to Living with
Oral, Head and Neck
Cancer, Second Edition

Hard Copy: \$14.95 Digital PDF: \$7.99

NEWSLETTERS
Feature articles by
healthcare experts, survivor
stories, the latest in head
and neck cancer news, and
compelling personal
narratives.

Access 8 Newsletters with Membership

SPOHNC'S PROGRAMS

100+ Chapter
Support Groups



What to Expect:

Connect with individuals *who understand your experiences*, hear their stories and tell yours.

Access valuable knowledge through informational presentations *by healthcare professionals*, enriching your understanding of *your health and well-being*.

Volunteers **225+**
in the NSVN:

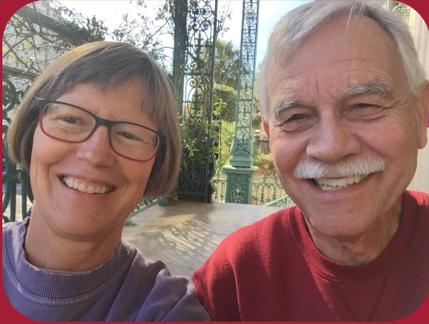
National Survivor Volunteer
Network

Seeking Support? Reach out to be paired with a volunteer who's "walked in your shoes", serving patients, caregivers and their families

Ready to Give Back? As a survivor or caregiver, your unique perspective can make a world of difference in our network.

Join our community of understanding and support today, by contacting us.

ABOUT US



“SPOHNC Rocks! What a privilege to be part of stories like this. There are so many...”
Linda C. - Caregiver / NSVN Volunteer, & SPOHNC Chapter Facilitator

Support for People with Oral and Head and Neck Cancer (SPOHNC) is a not-for-profit organization founded in 1991 by an oral cancer survivor. SPOHNC seeks to address the medical, physical, and psychosocial needs of oral and head and neck cancer patients.



According to the **American Cancer Society**, approximately

66,920

patients are diagnosed with oral, head and neck cancer each year.

YES! I would like to help SPOHNC in meeting the needs of Oral and Head and Neck Cancer Patients

Full Name

Street Address

City ST Zip

Email

Phone Number

- | | |
|--|---|
| <input type="checkbox"/> Become a new member (\$30) | <input type="checkbox"/> Renew your membership (\$30) |
| <input type="checkbox"/> Survivor/Friend/Caregiver | |
| <input type="checkbox"/> Health Professional (Specialty) _____ | |

Donor Contributions

For memorials and honorariums, please visit our website or contact us.

- | | |
|---|---|
| <input type="checkbox"/> Booster \$35+ | <input type="checkbox"/> Benefactor \$1,000+ |
| <input type="checkbox"/> Donor \$50+ | <input type="checkbox"/> Founder \$5,000+ |
| <input type="checkbox"/> Sponsor \$100+ | <input type="checkbox"/> Leaders Circle \$10,000+ |
| <input type="checkbox"/> Patron \$500+ | <input type="checkbox"/> Visionary Circle \$15,000+ |

Your contribution to SPOHNC is tax-deductible.

This brochure is supported by:



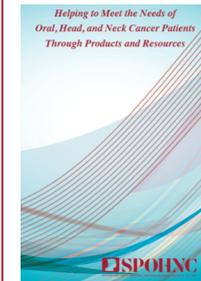
Why Become a Member?

For ONLY \$30.00 a Year

“News from SPOHNC” Subscription



- 8 newsletter issues per year
- **Expert insights** by top head and neck cancer physicians on important topics for patients.
- Heartfelt survivor and caregiver **stories that inspire.**



Product Directory

Curated by **cancer survivors and healthcare experts.** Find solutions for common side effects like **dry mouth and dental challenges.**

In your membership welcome package, receive a **bonus gift!**

Visit Us Online at www.spohnc.org

for information, chapter locations, clinical trials, and support for oral, head and neck cancer patients, survivors and their loved ones. Past newsletters are available to download.

Follow Us On Social Media!

